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359 Hollow Road
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 Retreat at Palyul USA

Teachers



His Holiness Karma Kuchen Rinpoche is the 12th Throne-Holder of the Palyul Lineage. He was recognized by HH Penor Rinpoche and HH Dudjom Rinpoche, and received teachings and empowerments from many great masters. In 1994, HH Penor Rinpoche appointed him head of the Palyul Mother Monastery in Tibet and as of August 2000, when Tulku Thubzang Rinpoche enthroned him, he assumed full responsibility for the monastery and all of its activities.



His Eminence Khentul Gyangkhang Rinpoche was recognized by HH Dudjom Rinpoche, HH Dilgo Khyentse Rinpoche, and HH Penor Rinpoche (from whom he received Ngöndro, Tsa Lung, and Dzogchen instructions), and received many profound transmissions from these great masters. He excelled in his shedra studies and earned the title "Khentul." He currently serves as co-head of Namdroling Monastery and conducts teaching programs around the world.



His Eminence Mugsang Kuchen Rinpoche was recognized as Chogtrul Kunzang Sherab, founder of the Palyul Monastery in Tibet, and received all the basic and advanced monastic training and instructions from HH Penor Rinpoche. At present, he fulfills administrative responsibilities as co-head of Namdroling Monastery in India, and thus continues to uphold the vital activities of his predecessor.



Khenchen Tsewang Gyatso Rinpoche is one of the three senior-most Khenpos at the Ngagyur Nyingma Institute of Namdroling Monastery in India. Khenchen Rinpoche teaches worldwide and has taught extensively in the United States for over 20 years. He is fluent in English and is known and loved for his keen understanding of issues confronting contemporary students of Buddhism.



Khenpo Tenzin Norgay Rinpoche was trained at Ngagyur Nyingma Institute and enthroned as Khenpo by His Holiness Penor Rinpoche in 1998. He lived and taught at the Palyul Monastery in Tibet under the tutelage of Tulku Thubzang Rinpoche. Currently based in New York City, Khen Rinpoche travels and teaches at Palyul centers in the United States, Canada, Mexico, Europe and Australia.

Note: Not all masters may be in attendance pending travel schedules

Program

Pre-Retreat: Nyungné July 2 - 5

A purification and fasting retreat that takes place over the July 4th weekend.

Main Retreat: July 10 - August 10

Each progressive week of retreat you complete forms the prerequisite to the next year's retreat. Ngondro is the prerequisite for Tsa Lung; Tsa Lung the prerequisite for Dzogchen, etc. If you cannot attend for one month, apply for either the one- or two-week option.

First-Year Students – Ngöndro

Students begin with the teachings and practice known as Ngöndro, or the Foundational Practices. The first week covers "The Four Thoughts," one of the most important fundamental practices.

July 10-18	The Four Thoughts that Turn the Mind to Dharma
July 19-21	Refuge Vows & Practice
July 22-24	Bodhisattva Vows & Compassion Practice
July 25-28	Mandala Offering
July 29-Aug 1	Vajrasattva Purification Practice
Aug 2-5	Guru Yoga
Aug 5-10	Phowa

Read about the following on our website, retreat.palyul.org:

Year 2: Tsa Lung Tummo

Year 3 and 4: Dzogchen Tögyal I and II

Year 5 and 6: Dzogchen Trekchöd I and II

Year 7: Individual Instruction

Year 8 and up: According to Retreat Master's Individual Instruction



*Practice session leaders with
Khenpo Tenzin Norgay (3rd from left).*



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Liberation is In the Palm of Your Hand



Palyul Summer Retreat July 10 - August 10, 2015

This Year's Retreat Master: His Holiness Karma Kuchen Rinpoche



This year's retreat will be led by the twelfth Throneholder of the Palyul tradition, His Holiness Karma Kuchen Rinpoche. His Holiness was directly trained by the late His Holiness the Third Penor Rinpoche (1932 - 2009) who founded the retreat center in 1998 (pictured on cover with fourth incarnation).

The retreat features daily practice with the Palyul tulkus, khenpos, monks and nuns in the traditional style followed in Namdroling Monastery in South India. Each monthly retreat course offers a practice complete in and of itself.

The center is located in the rolling hills dotted with farms and forests, north of Binghamton, NY and west of the Catskills. This traditional Himalayan retreat is offered in the comfort of modern dormitories or rustic tents.

For more details about class curriculum, accommodations and other details, visit our website: <http://retreat.palyul.org>

