



Palyul Retreat Center
359 Hollow Road
McDonough, NY 13801
607-656-4645 | Email: retreat@palyul.org

Waiver and Release of Liability

I, the undersigned, know that participation in Palyul Ling International Retreat Center program is potentially hazardous to my health. In choosing to participate in activities at the Palyul Ling International and its Retreat Center, I fully accept and assume all risks whether before, during or upon completion of programs. These include without limitation, risk of physical injury, emotional distress, trauma, death, loss, accident, and injury due to physical and mental exercises; contact with other participants, contact with animals or insects, contact with construction materials, contact with vehicles, contact with tents or buildings and appliances, contact with kitchen or electrical equipment; the natural environment including sticks and forests and uneven rocky terrain; and the effects of weather including wind and lightning and extreme temperature or conditions. I hereby acknowledge that I understand that the Palyul Ling International Retreat Center is under construction and is located in an extremely rustic and primitive natural setting where these and many other risks exist. All risks are known and appreciated by me. I waive any and all specific notice of the existence of the risks.

I hereby acknowledge that I understand that the Palyul Ling International Retreat Center programs and activities may be physically and emotionally stressful and I am participating in them voluntarily and that it is my sole responsibility to refrain from participating in any activities, which may be stressful or harmful to my physical or emotional health or well-being. Knowing these facts and in consideration of my admission and participation in Palyul Ling International Retreat Center programs, I release, waive, discharge, covenant not to use, and agree to hold harmless the Palyul Ling International Retreat Center, its officials, support people, employees and representatives from any claims, demands and actions of any kind whatever I have, may have or bring, or which may hereafter accrue against the released parties directly or indirectly arising out of or relating in any respect to participation in Palyul Ling International and its Retreat Center programs and activities. My waiver and release of all such claims, demands, and actions for which the released parties might otherwise be liable shall include without limitation, any injury, damage or loss to my person or property which may be (a) caused by any act, or failure to act, by the above identified persons and entities, or (b) sustained before, during or after my participation in Palyul Ling International and its Retreat Center programs and activities. I acknowledge that I may be asked to leave the retreat for any reason by the retreat committee without recourse (although retreat days paid for for dates after my expulsion will be refunded). I acknowledge that my likeness may appear in a photograph or videotape which may be created during retreat. I hereby grant Palyul permission to use my likeness in such photographs or videotapes in any and all of its publications, including website entries, without payment or any other consideration. I hereby irrevocably authorize the Palyul to edit, alter, copy, exhibit, publish or distribute photos or videos that include a likeness of me for purposes of publicizing the Palyul's programs or for any other lawful purpose without identifying me. I waive any right to inspection or to royalties or other compensation arising or related to the use of any photograph or video that I may appear in.

I have read this agreement, waiver and release and agree to and accept the terms. I also agree to the cancellation and refund policy, located here: <http://retreat.palyul.org/cancellations-and-refunds> . I have requested a printed copy of all documents should I be unable to download from this website.

_____ (Signature of Participant or Parent/Legal Guardian)

_____ (Typewritten or Printed Name of Signatory)

_____ (Date)

Palyul Ling International _____

Session Dates: _____